

PRACTICING THE WAY OF LOVE

Small Group Participant Worksheet

Session _____: _____

Practice

I commit to:

How often, and when?

Practicalities

What resources, including people, do I need to support this practice?

What do I need to stop doing to make room for this practice in my life?

How do I hope I will change as a result of incorporating this practice into my life?

Who or what will hold me accountable?